

## EVS in Poland 2018-2019

*working with people at risk of social exclusion (young from dysfunctional families, homeless, disabled)*

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### 1. DETAILS ABOUT THE PROJECT

- a) Project number: 2017-3-PL01-KA105-047205
- b) Project title: **Helping weak, getting stronger**
- c) **Coordinating Organization:**  
Pomeranian Foundation of Development, Culture and Art  
(PIC: 920118818; accreditation reference: 2016-1-PL01-KA110-035109;)
- d) **Receiving Organization:**  
Brodnicke Centrum Caritas (PIC: 916141915; accreditation reference: 2016-1-PL01-KA110-035574),
- e) **Timing**  
Activity could begin any time, but no later than 5<sup>st</sup> of November 2018.

### 2. THE VOLUNTEER'S ACTIVITY INFORMATION

The Volunteer will take part in everyday activity of the Receiving Organization, working with groups at risk of social exclusion. Brodnica is a small county town. In the provinces, access to high-quality social activities is at least hampered. The Receiving Organization perfectly fills this gap, and covers not only Brodnica, but also the surrounding villages. Volunteers will be invited to three types of work.

a. Work with young people from difficult backgrounds and dysfunctional families. The youth, which the volunteers will deal with, are taught and lived in Brodnica on a daily basis, but come from small towns. Volunteers will be encouraged to creatively organize the time for the residents of the School Dormitory and all young people looking for a safe harbor at the Receiving Organization. For them, thematic meetings, physical activities, extra-curricular activities, cultural activities, therapeutic sessions and many other activities that help to break passive life attitude and actively enter into adult life are organized.

b. Work with people with disabilities who are normally under the care of the Home of Self-help. This is a place where these people, including those with mental disorders, can learn new skills, develop their passions, spend time with other people, in which they will feel safe, will be able to learn how to function in society. Volunteers will have 9 workshops at their disposal (including stained glass, tailoring, carpentry, fusing), they will work with 45 disabled people.

c. Work with homeless people who live or spends nights in the Shelter run by the Receiving Organization. In addition to providing a roof over your head, the Receiving Organization takes actions to activate these people and help them return to the society. Young volunteers can not only help in these activities, but also inspire with their passions and active approach to life, which is often lacking homeless. The tasks of volunteers will include learning foreign languages and computer skills.

Assistance to people at risk of social exclusion requires effort and determination from volunteers, but it does not remain fruitless. It shapes character in them and encourages them to ask important life questions. The stress here falls on the attitude of responsibility, the neglect of which often leads to very difficult situations. At the same time, it gives you concrete knowledge and real experience on how to work with young people and people at risk of social exclusion.

An additional element of the Volunteer's activity will be meetings in schools with young people. This is an important element of promoting EVS and the Erasmus + program, but also integrating volunteers with the local community. The topics of the meetings will be agreed in advance with the teacher, volunteer and students - via the Coordinating Organization. It will address problems that affect and interest young people: the situation on the labor market, roads and prospects for personal and professional development, political, economic and social situation in Europe, stereotypes, migration and cultural minorities in Europe, as well as the idea of European Voluntary Service and its benefits, differences (especially cuisine, customs and etiquette) between Poland and the countries of origin of the volunteer.

The Volunteer will also have the opportunity to meet with local NGOs who would like to establish international cooperation, but either they do not know whether it is worth, or how to do it, or they do not have partners. The meetings are aimed at establishing contact and cooperation between Polish NGOs and organizations from the country of origin of the volunteer, who can mediate in them. The coordinating organization will be the organizer of all meetings.

### 3. ORGANIZATIONAL CONDITIONS OF VOLUNTEERING ACTIVITY

- a) Place:  
country: POLAND city: BRODNICA address: ULICA GAJDY 3
- b) Duration:  
6 months (Activity could begin any time, but no later than 5st of November 2018)
- c) General financial rule:  
Participation in Erasmus+ volunteering is free of charge for the Volunteer.
- d) Accommodation:  
One-person or two-person room in the dormitory run by the Receiving Organization (direct in the place of activity), with a joint bathroom. The Coordinating Organization covers costs of accommodation (157 euro per every month).
- e) Alimentation  
Every week of activity, from Monday to Friday, the Volunteer will be provided with food in the canteen run by the Receiving Organization. The Volunteer buys food on his own during Saturdays and Sundays The Volunteer will receive in cash a sum of 23,50 euro per every two weeks to cover food costs in these days. The Volunteer will have free access to a full equipped kitchen located in accommodation place.
- f) Pocket money  
The Volunteer will receive in cash a sum of 45,75 euro per every two weeks (paid in advance) as part of individual support (91,50 euro per month: 549,00 euro per 6 months).
- g) Travel costs  
Tickets to Poland are bought by a volunteer. Travel costs will be returned to the volunteer in cash immediately upon arrival, after showing the tickets. The return ticket will be bought in consultation with the volunteer by the Coordinating Organization. Total travel costs cannot by more than 275,00 euro for both way travel.
- h) Linguistic support  
The Volunteer will take part in polish language course during the Project.
- i) The insurance  
The insurance covering travel and 6 months of activity will by assured by the Sending Organization (registration of the Volunteer in CIGNA), who will also help the Volunteer to get European Health Insurance Card (EHIC).
- j) Details of the Volunteer's arrival in Poland would be established with the Sending Organization before her/his departure from the Origin country. Immediately after arriving in Brodnica the Volunteer will contact with Contact person from the Receiving Organization: Mr. Michał Pezler (phone: +48 512 901 001; e-mail: caritas.brodnica14@wp.pl).
- k) 4 volunteers will take part in the Project: 2 persons from Spain will work in Brodnica, 2 persons from Bulgaria will work in Toruń.
- l) Immediately after arriving in Toruń the Volunteer will contact with Contact person from the Coordinating Organization: Mr. Witold Jankowiak (phone: +48 607 191 484; e-mail: witold.jankowiak@fundacja-torun.pl).

### 4. THE VOLUNTEER PROFILE

- needs to be prepared to work with people at risk of social exclusion
- creative, full of ideas
- patient and open to proteges' needs
- trustworthy

The Volunteer would have a great opportunity to learn independence, responsibility for work and to acquire communication skills. In contact with people in need, with their limitations and barriers, they will have the opportunity to value their own attitudes.

### 5. BRODNICKIE CENTRUM CARITAS ABOUT ITSELF

Brodnickie Centrum Caritas provides complex help to the people in need. The Center started its activities in 2002 from running a school dormitory for talented but poor youth and helping children learn and development of free time. Since then, the Center has developed and expanded its own activity. He adapts his support to changing needs and directs them to young people, homeless people, people with disabilities. Over the years, the Center has specialized in working with youth coming from inefficient educational families, in becoming independent of the homeless and support and activation of disabled people. We assume that immediate help it is not a solution to the problem. We help the needy in changing their lives, returning to society, we give them faith and tools for a better tomorrow.

## 6. CONTACT INFORMATION

### a) The Coordinating Organization:

name: Pomeranian Foundation of Development, Culture and Art

address: Poland, 87-100 Toruń, Fosa Staromiejska 30/3

phone: +48 56 652 11 21 e-mail: [fundacja@fundacja-torun.pl](mailto:fundacja@fundacja-torun.pl) website: [www.fundacja-torun.pl](http://www.fundacja-torun.pl)

Contact person: **Witold Jankowiak**; phone: +48 607 191 484; e-mail: [witold.jankowiak@fundacja-torun.pl](mailto:witold.jankowiak@fundacja-torun.pl)

### b) Receiving Organization:

name: Brodnickie Centrum Caritas

address: Poland, 87-300 Brodnica, ul. Gajdy 3

phone: +48 56 49 50 281, e-mail: [caritas.brodnica@diecezja.torun.pl](mailto:caritas.brodnica@diecezja.torun.pl) website: [www.caritasbrodnica.pl](http://www.caritasbrodnica.pl)

Contact person: **Michał Pezler**; phone: +48 512 901 001; e-mail: [caritas.brodnica14@wp.pl](mailto:caritas.brodnica14@wp.pl)